

# Supported Education 101 – a 4-day course in Stockholm

16<sup>th</sup> – 19<sup>th</sup> of April 2018 chaired by  
Dr. E.L. (Lies) Korevaar, Professor of Rehabilitation,  
Hanze University Groningen, the Netherlands



**Supported Education** is a psychiatric rehabilitation method aimed at providing support to people with difficulties in school with a desire to overcome these issues and successfully finish their education.

**The method was** developed and initially intended for people with psychiatric disabilities, but it may also provide help for people without pronounced psychosocial issues or psychiatric disabilities.

**Several studies in** Sweden and internationally show that youth with low or incomplete grades from compulsory schools are at significantly higher risk of future psychosocial problems.

**At the same time,** youth who do not enter upper-secondary school, or who drop out early on, already have more difficulties than others in establishing themselves on the labour market. They are more likely to need financial assistance (social security benefit) and have a higher chance of moving onto disability benefits

**Up to 50% of mental** disorders have their onset during adolescence. Consequently, childhood and adolescence are critical periods for developing the foundations of mental health and tackling mental ill-health. Mental disorders during childhood are disruptive in attaining good education and considerably weaken the chance of labour market participation later in life.

OECD (2012a), *Sick on the Job? Myths and Realities about Mental Health and Work*, OECD Publishing.  
OECD (2013), *Mental Health and Work: Sweden*, OECD Publishing

**Riksförbundet för Social och Mental Hälsa (est. 1967) and SECiSo are proud to present a unique opportunity for 12 professionals** in the field of Health, Education and Social Services to partake in a 4-day Course in Stockholm in Supported Education by one of Europe's foremost experts in the field Dr. E.L. (Lies) Korevaar, Professor of Rehabilitation, Hanze University Groningen, the Netherlands.

**Lunch and refreshments** are included in this package deal

**Accommodation at** Hotel Attaché in Hägersten (close to where the course is to be held) is available at a discount for participants when booked through RSMH.

**When:** 16th – 19th of April 2018

**Where:** Konferens Kobran,  
Telefonv. 30 in Stockholm

**What:** A 4-day Course in SEd by  
one of Europe's foremost  
experts in the field.

**Fee (SEK):** 13 750 (incl. lunch, etc.)

**Scale:** 12 participants maximum

**Language:** English

Info &

Enrollment: [annika.bostedt@rsmh.se](mailto:annika.bostedt@rsmh.se)

[www.seciso.org](http://www.seciso.org)

[www.rsmh.se](http://www.rsmh.se)

## Training in Supported Education

### Overview of the training

The training covers the following Supported Education topics:

- **Day 1: Introduction**
  - ½ day (morning) Introduction in Supported Education (SEd)
  - ½ day (afternoon) Start SEd training for professionals (maximum 12 persons)
- **Day 2: Choosing 1**
- **Day 3: Choosing 2 + Keeping 1**
- **Day 4: Keeping 2 + Implementation in the own organization**

### General Information

#### Objective

The objective of the training is to familiarize participants with Supported Education and to offer them a high quality training in the main topics of Supported Education.

#### Target group

The training is targeted at professionals who may wish to learn more about Supported Education, professionals working in a Supported Education program and for those working with youths with psychosocial problems who want to return to school or to remain at school.

#### Time and duration

Four days of six contact hours and one hour lunch (provided at no extra charge for all participants). The training course will start at 09.30am on the 16th of April 2018 and finish at 4.30pm on the 19th of April 2018.

#### Location

Konferens Kobran, Telefonvägen 30, (T) Telefonplan in Stockholm, Sweden

#### Trainer profile

The training will be hosted by **Lies Korevaar**, PhD, who is working with Supported Education since 1998. He is a professor of Rehabilitation at the Hanze University for applied sciences in Groningen, the Netherlands. He is an expert in Supported Education and works on a daily basis with youth with psychosocial problems who want to return and/or to remain at school, thus providing a practical and hands-on perspective.

#### Language

The training course will be given in English.

#### Assessment

No formal assessment. Full attendance is compulsory to gain certificate of participation.

#### Contact information



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Supported Education in Civil Society

## Day 1: Introduction to Supported Education

### Aim

To increase participants' understanding of the Supported Education philosophy, process and activities.

### Objectives

1. To describe the key concepts of Supported Education.
2. To describe the Supported Education process and activities.
3. To exercise parts of Supported Education activities.

### Content

This workshop will focus on

- Philosophy, mission and principles of Supported Education
- Target group of Supported Education
- Choosing mainstream education
- Getting mainstream education
- Keeping mainstream education



## Day 2 & 3: Choosing and getting mainstream education

### Aim

To increase participants' understanding of helping (young) people with psychosocial problems who dropped out of school to return to school.

### Objectives

1. To describe the key concepts of the 'choose and get' phases of the SEd process.
2. To describe the career guidance process
3. To exercise parts of the career guidance process.
4. To initiate a career guidance course.

### Content

This training course will focus on:

- The 'choose and get' phases of Supported Education
- The career guidance course



## Day 3 & 4: Keeping mainstream education

### Aim

To increase participants' understanding of helping (young) people with psychosocial problems to remain at school.

### Objectives

1. To describe the key concepts of the 'keep' phase of the SEd process.
2. To describe the support tools of the SEd professional.
3. To exercise parts of the 'keep' activities (success and satisfaction; skills and support).

### Content

This training course will focus on:

- The 'keep' phase.
- Success and satisfaction.
- Skills and support



## Day 4: Implementation of Supported Education

### Aim

To set an implementation goal and develop a work plan for implementing a Supported Education program in one's own organization.

### Objectives

To provide professionals with the ability to:

1. Plan, organize and implement a Supported Education program.
2. Identify the phases of the implementation process.

### Content

This training course will focus on

- How to initiate a SEd program
- The phases of the implementation process
- A work plan for implementing a SEd program

